

Humor is the sun that melts winter from the human face.  
~ Victor Hugo.

# FRESH CHUCKLEBERRIES!

Warning! Not to be taken internally, literally, or seriously!

“You don’t stop laughing because you grow old, you grow old because you stop laughing.” -- Anonymous

“Laughter is the shortest distance between two people.”  
~ Victor Borge

I always start my diet on the same day: Tomorrow.

I need to run early in the morning...before my brain can figure out what I'm doing.

I finally figured out my body type. It's hourglass with minutes.

Calories (noun): Tiny creatures that live in your closet and sew your clothes tighter a little bit every night.

I'm on a seafood diet. I see food and I eat it.

Rabbits jump and they live for 8 years. Dogs run and they live for 15 years. Turtles do nothing and live for 150 years. Lesson learned.

“New Year's Day: now is the accepted time to make your regular annual good resolutions. Next week you can begin paving hell with them as usual . . . New Year's is a harmless annual institution, of no particular use to anybody save as a scapegoat for promiscuous drunks, and friendly calls, and humbug resolutions.”  
- Mark Twain

“You know how I always dread the whole year? Well, this time I'm only going to dread one day at a time.”  
-Charlie Brown

“My New Year's Resolution is to be more positive and less sarcastic. Like I won't screw that up right away.”

I was going to quit all my bad habits for the new year, but then I remembered that nobody likes a quitter.

A New Year's resolution is something that goes in one year and out the other.

My New Years resolution is 1080p.

“Out with the old, in with the new” is a fitting expression for a holiday that is based on vomiting.  
- Andy Borowitz

I like New Years. The confetti covers up my dandruff.  
- Melanie White

The first week of January, gyms and yoga classes everywhere are packed with people who made new years resolutions to tone up. It's like sardines in there. Big sardines. But they're all gone by February.  
- Anonymous

John, at a New Year's party, turns to his friend, Dave, and asks for a smoke. “I thought you made a New Year's resolution and that you don't smoke,” Dave says. “I'm in the process of quitting,” replies John with a grin. “I am in the middle of phase one.” “Phase one?” asks David. “Yeah,” laughs John,

“I've quit buying.”

Jenna was taking an afternoon nap on New Year's Eve before the festivities. After she woke up, she confided to Dave, her husband, “I just dreamed that you gave me a diamond ring for a New Year's present. What do you think it all means?” “Aha, you'll know tonight,” answered Dave. At midnight, as the New Year was chiming, Dave approached Jenna and handed her small package. Delighted and excited she opened it quickly. There in her hand rested a funny book entitled “*The Meaning of Dreams.*”

God, grant me the senility to forget the people I never liked anyway, the good fortune to run into the ones that I do, and the eyesight to tell the difference.

An optimist stays up until midnight to see the new year in. A pessimist stays up to make sure the old year leaves.

Ernie Gregoire is on his deathbed and knows the end is near. His nurse, his wife, his daughter and 2 sons, are with him. He asks for 2 witnesses to be present and a camcorder to record his last wishes. When all is ready he begins to speak: “My son, Mitch I want you to take the Mayfair houses.” “My daughter, Stephanie, you take the apartments on the east end.” “My son, Brent, I want you to take the offices in the City Centre.” “Sarah, my dear wife, please take all the residential buildings on the banks of the river.” The nurse and witnesses are blown away, shocked by the extent of his holdings. As Mr. Smith slips away the nurse says, “Mrs. Smith, your husband must have been a hard-working man to accumulate all this property for his family.” Sarah replies, “What property? The jerk had a paper route!”

Exercise is done against one's wishes and maintained only because the alternative is worse.  
-George A. Sheehan

“I'm on a bit of a health kick, so I'll take the low-fat vanilla. With the following toppings: Snickles, Gooney Bears, Charlottesville Chew, Nice 'n Many, Kat Kit, Herschel Smooches, Mrs. Badbar, and Milk Duds.”  
-Homer Simpson

“I really don't think

I need buns of steel. I'd be happy with buns of cinnamon.”  
-Ellen DeGeneres

“My idea of exercise is a good brisk sit.”  
-Phyllis Diller

“Whenever I feel like exercise, I lie down until the feeling passes.”  
-Robert M. Hutchins

“I was going to wake up early and go jogging, but my toes voted against me 10 to 1.”  
-Randy Glasbergen

“I believe the Good Lord gave us a finite number of heartbeats and I'm damned if I'm going to use up mine running up and down a street.”  
-Neil Armstrong

Need exercise? Yoga class is great. You can close your eyes and imagine yourself in a relaxing place. Like on your couch not doing yoga.

Style Update: If you jog in a jogging suit,

lounge in lounging pajamas, and smoke in a smoking jacket, Then heaven's, DON'T wear a wind breaker!

“I met a friend jogging in the park. Well, he was jogging and I was sitting on a bench.”

“When I was younger, I looked forward to getting up early in the morning to exercise. Now, getting out of bed in the morning is my exercise.”

“You know that you're out of shape when you can't pull supermarket shopping carts apart.”

“Don't forget, your brain needs exercise, too. So, spend lots of time thinking up excuses for not working out.”

“I prefer sit-ups to jumping jacks. At least I get to lie down after each one.”



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